



The Garden Project
Growing Healthy Food,
Cultivating Connections

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A Program of the Greater Lansing Food Bank

FOR IMMEDIATE RELEASE

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Community Garden Tour

AUGUST 5, 2009—The Garden Project, a program of the Greater Lansing Food Bank, is proud to welcome you on a bus tour showcasing both new and ongoing community garden projects in the Lansing area. This year we feature several thriving gardens on Lansing's south side, with a special focus on youth and family in the garden.

The tour will be held Thursday, August 13th, 2009. The bus departs at 5:30 p.m. from Ingham Family Center, 1601 W. Holmes Rd. Please note children must be at least four years old and four feet tall to ride the bus. We suggest a donation of \$5 per passenger.

Meet diverse gardeners and hear their stories while exploring a variety of planting styles and gardening techniques. Community gardens provide an opportunity to grow your own healthy food, and nourish cooperation and a sense of unity among community members.

Call or email now to reserve your seat! Contact The Garden Project at **(517) 887-4660** or by email at gardenproject@ingham.org.

We are also hosting a bicycle tour of community gardens on Thursday, August 27th. Call for more information: (517) 887-4660.

The Garden Project of the Greater Lansing food Bank is a non-profit organization dedicated to growing healthy food and cultivating connections. We help Lansing area residents improve their access to fresh, healthy food.

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